

50m Frisim

| | | | | | | | |
|----|------------------|---------|------|----|-------------------|---------|------|
| 1 | Martin Magnusson | 0:25.75 | 2015 | 1 | Stina Gardell | 0:27.77 | 2004 |
| 2 | Adam Karlsson | 0:26.20 | 2017 | 2 | Sofie Gardell | 0:27.94 | 2004 |
| 3 | Tobias Westholm | 0:26.60 | 2013 | 3 | Kia Kilpinen | 0:28.08 | 2010 |
| 4 | Gustav Andersson | 0:26.63 | 2020 | 4 | Emma Karell | 0:28.74 | 2010 |
| 5 | Adam Alstermark | 0:26.84 | 2012 | 5 | Rebecca Rüdén | 0:28.83 | 2012 |
| 6 | Johan Levin | 0:26.93 | 2006 | 6 | Tova Sjöberg | 0:29.31 | 2017 |
| 7 | Jonas Eklund | 0:27.17 | 2008 | 7 | Alva Westling | 0:29.32 | 2017 |
| 8 | Rasmus Skyving | 0:27.56 | 2019 | 8 | Emelie Rudert | 0:29.44 | 2017 |
| 9 | Elias Folkesson | 0:27.92 | 2016 | 9 | Monica Alfredsson | 0:29.67 | 2005 |
| 10 | Nicklas Granat | 0:28.24 | 2005 | 10 | Moa Zetterström | 0:29.93 | 2019 |
| 11 | Oscar Elfving | 0:28.46 | 2008 | 11 | Sara Rapp | 0:29.97 | 2002 |
| 12 | Emil Blomberg | 0:28.68 | 2022 | 12 | Fanny Alstermark | 0:30.02 | 2013 |

100m Frisim

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|----|------------------|---------|------|----|---------------------|---------|------|
| 1 | Martin Magnusson | 0:55.73 | 2016 | 1 | Stina Gardell | 0:59.21 | 2004 |
| 2 | Adam Karlsson | 0:56.84 | 2017 | 2 | Sofie Gardell | 1:00.42 | 2005 |
| 3 | Gustav Andersson | 0:57.13 | 2020 | 3 | Emma Karell | 1:01.78 | 2010 |
| 4 | Rasmus Skyving | 0:57.95 | 2020 | 4 | Monica Alfredsson | 1:02.92 | 2005 |
| 5 | Jonas Eklund | 0:57.97 | 2008 | 5 | Emelie Rudert | 1:03.27 | 2017 |
| 6 | Tobias Westholm | 0:59.05 | 2013 | 6 | Kia Kilpinen | 1:03.45 | 2010 |
| 7 | Adam Alstermark | 0:59.34 | 2012 | 7 | Moa Zetterström | 1:04.44 | 2019 |
| 8 | Viktor Karell | 0:59.78 | 2020 | 8 | Johanna Zetterström | 1:04.63 | 2004 |
| 9 | Oscar Elfving | 1:00.87 | 2010 | 9 | Alva Westling | 1:05.02 | 2016 |
| 10 | Johan Levin | 1:00.92 | 2006 | 10 | Rebecca Rüdén | 1:05.40 | 2012 |
| 11 | Elias Folkesson | 1:01.76 | 2016 | 11 | Fanny Alstermark | 1:06.16 | 2013 |
| 12 | Nicklas Granat | 1:02.70 | 2005 | 12 | Tina Lindberg | 1:06.61 | 2005 |

200m Frisim

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|----|------------------|---------|------|----|---------------------|---------|------|
| 1 | Martin Magnusson | 2:03.70 | 2016 | 1 | Stina Gardell | 2:08.57 | 2004 |
| 2 | Adam Karlsson | 2:08.55 | 2017 | 2 | Sofie Gardell | 2:12.07 | 2005 |
| 3 | Jonas Eklund | 2:08.98 | 2007 | 3 | Emma Karell | 2:14.29 | 2009 |
| 4 | Rasmus Skyving | 2:09.64 | 2019 | 4 | Emelie Rudert | 2:17.54 | 2017 |
| 5 | Tobias Westholm | 2:17.65 | 2012 | 5 | Monica Alfredsson | 2:18.85 | 2005 |
| 6 | Oscar Elfving | 2:18.70 | 2008 | 6 | Johanna Zetterström | 2:20.74 | 2015 |
| 7 | Victor Karell | 2:19.18 | 2019 | 7 | Moa Zetterström | 2:21.25 | 2020 |
| 8 | Mattias Pers | 2:21.55 | 2006 | 8 | Alva Westling | 2:22.63 | 2017 |
| 9 | Daniel Hallén | 2:24.65 | 2006 | 9 | Rebecca Rüdén | 2:23.79 | 2012 |
| 10 | Robert Linder | 2:25.77 | 2002 | 10 | Johanna Eklund | 2:22.12 | 2001 |
| 11 | Oscar Broström | 2:26.10 | 2018 | 11 | Tina Lindberg | 2:27.59 | 2007 |
| 12 | Emil Johansson | 2:26.18 | 2010 | 12 | Tyra Hållinder | 2:29.17 | 2022 |

400m Frisim

| | | | | | | | |
|----|--------------------|---------|------|----|---------------------|---------|------|
| 1 | Rasmus Skyving | 4:33.78 | 2018 | 1 | Stina Gardell | 4:33.37 | 2004 |
| 2 | Martin Magnusson | 4:37.62 | 2016 | 2 | Emma Karell | 4:43.10 | 2009 |
| 3 | Jonas Eklund | 4:38.14 | 2006 | 3 | Sofie Gardell | 4:47.77 | 2004 |
| 4 | Adam Karlsson | 4:42.33 | 2017 | 4 | Monica Alfredsson | 4:53.19 | 2005 |
| 5 | Fredrik Ronnerberg | 4:55.83 | 2004 | 5 | Emelie Rudert | 4:53.89 | 2017 |
| 6 | Mattias Pers | 5:01.36 | 2005 | 6 | Johanna Zetterström | 4:55.45 | 2016 |
| 7 | Tobias Westholm | 5:02.56 | 2012 | 7 | Moa Zetterström | 4:58.51 | 2020 |
| 8 | Oscar Elfving | 5:05.81 | 2008 | 8 | Johanna Eklund | 5:02.36 | 2002 |
| 9 | Peter Ronquist | 5:07.19 | 2004 | 9 | Rebecca Rüdén | 5:03.17 | 2012 |
| 10 | Emil Johansson | 5:11.47 | 2010 | 10 | Alva Westling | 5:04.77 | 2016 |
| 11 | Daniel Hallén | 5:13.14 | 2006 | 11 | Tina Lindberg | 5:12.58 | 2005 |
| 12 | Andreas Ericsson | 5:14.91 | 2002 | 12 | Tyra Hållinder | 5:14.22 | 2022 |

800m Frisim

| | | | | | | | |
|----|----------------|----------|------|----|---------------------|----------|------|
| 1 | Rasmus Skyving | 09:19.86 | 2018 | 1 | Stina Gardell | 09:23.84 | 2004 |
| 2 | Mattias Pers | 10:36.51 | 2005 | 2 | Emma Karell | 09:48.54 | 2009 |
| 3 | Peter Ronquist | 10:39.52 | 2004 | 3 | Emelie Rudert | 10:16.75 | 2017 |
| 4 | Jonas Lundgren | 11:39.10 | 2006 | 4 | Johanna Zetterström | 10:19.16 | 2016 |
| 5 | Loke Beronius | 12:33.06 | 2022 | 5 | Monica Alfredsson | 10:23.57 | 2006 |
| 6 | | | | 6 | Johanna Eklund | 10:30.71 | 2000 |
| 7 | | | | 7 | Moa Zetterström | 10:30.75 | 2020 |
| 8 | | | | 8 | Rebecca Rüdén | 10:44.12 | 2011 |
| 9 | | | | 9 | Line Alfredsson | 11:34.55 | 2010 |
| 10 | | | | 10 | Emma Persson | 11:52.68 | 2010 |
| 11 | | | | 11 | Linnea Sjöström | 11:58.58 | 2019 |
| 12 | | | | 12 | | | |

1500m Frisim

| | | | | | | | |
|----|-----------------|----------|------|----|---------------------|----------|------|
| 1 | Rasmus Skyving | 17:35.33 | 2020 | 1 | Johanna Zetterström | 19:37.36 | 2015 |
| 2 | Jonas Eklund | 18:46.53 | 2006 | 2 | Johanna Johansson | 19:43.12 | 2013 |
| 3 | Mattias Pers | 19:34.96 | 2005 | 3 | Moa Zetterström | 20:07.22 | 2020 |
| 4 | Victor Karell | 19:47.71 | 2020 | 4 | Monica Alfredsson | 20:33.69 | 2006 |
| 5 | Peter Ronquist | 20:07.10 | 2004 | 5 | Jeanette Holmberg | 20:39.97 | 2002 |
| 6 | Jonas Lundgren | 21:37.00 | 2006 | 6 | Hanna Walukiewicz | 20:50.27 | 2002 |
| 7 | Adam Alstermark | 22:27.77 | 2010 | 7 | Malin Österman | 22:32.77 | 2008 |
| 8 | | | | 8 | Linnea Sjöström | 23:12.69 | 2019 |
| 9 | | | | 9 | | | |
| 10 | | | | 10 | | | |
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| 12 | | | | 12 | | | |

50m Bröstsöm

| | | | | | | | |
|----|--------------------------|---------|------|----|----------------------|---------|------|
| 1 | Adam Alstermark | 0:31.98 | 2013 | 1 | Fanny Reuterswärd | 0:35.13 | 2005 |
| 2 | Martin Magnusson | 0:32.50 | 2016 | 2 | Willma Hällinder | 0:36.71 | 2021 |
| 3 | Adam Karlsson | 0:33.16 | 2017 | 3 | Thindra Åkerblom | 0:37.73 | 2019 |
| 4 | Victor Karell | 0:33.25 | 2020 | 4 | Stina Gardell | 0:37.78 | 2004 |
| 4 | Gustav Andersson | 0:34.26 | 2020 | 5 | Alva Westling | 0:37.98 | 2017 |
| 6 | Tobias Westholm | 0:35.04 | 2015 | 6 | Elin Isaksson | 0:38.93 | 2006 |
| 7 | Rasmus Skyving | 0:35.78 | 2019 | 7 | Sofie Gardell | 0:39.02 | 2004 |
| 8 | Christian Hansson-Bergén | 0:36.12 | 2004 | 8 | Jennifer Nygren-Ring | 0:39.43 | 2008 |
| 9 | Elias Folkesson | 0:36.55 | 2017 | 9 | Malin Österman | 0:39.48 | 2012 |
| 10 | Emil Blomberg | 0:36.89 | 2022 | 10 | Moa Zetterström | 0:39.51 | 2019 |
| 11 | Fredrik Ronnerberg | 0:36.97 | 2004 | 11 | Fanny Alstermark | 0:39.78 | 2012 |
| 12 | Noah Almén | 0:37.11 | 2022 | 12 | Lina Albertsen | 0:40.31 | 2019 |

100m Bröstsöm

| | | | | | | | |
|----|--------------------------|---------|------|----|----------------------|---------|------|
| 1 | Adam Alstermark | 1:10.08 | 2013 | 1 | Fanny Reuterswärd | 1:18.30 | 2005 |
| 2 | Victor Karell | 1:13.99 | 2020 | 2 | Emma Karell | 1:21.83 | 2010 |
| 3 | Fredrik Ronnerberg | 1:14.87 | 2004 | 3 | Katja Svarfvar | 1:22.30 | 2016 |
| 3 | Gustav Andersson | 1:15.89 | 2020 | 4 | Thindra Åkerblom | 1:25.10 | 2019 |
| 5 | Martin Magnusson | 1:16.74 | 2016 | 5 | Willma Hällinder | 1:25.99 | 2020 |
| 6 | Adam Karlsson | 1:16.78 | 2017 | 6 | Malin Österman | 1:26.32 | 2011 |
| 7 | Christian Hansson-Bergén | 1:19.12 | 2004 | 7 | Alva Westling | 1:26.35 | 2017 |
| 8 | Tobias Westholm | 1:20.74 | 2016 | 8 | Elin Isaksson | 1:26.94 | 2005 |
| 9 | Emil Blomberg | 1:21.04 | 2022 | 9 | Gabriella Elvin | 1:27.08 | 2008 |
| 10 | Jonas Eklund | 1:21.16 | 2004 | 10 | Monica Alfredsson | 1:27.26 | 2004 |
| 11 | Elias Folkesson | 1:22.60 | 2017 | 11 | Micaela Nygren-Ring | 1:27.98 | 2008 |
| 12 | Noah Almén | 1:23.40 | 2022 | 12 | Jennifer Nygren-Ring | 1:28.02 | 2008 |

200m Bröstsöm

| | | | | | | | |
|----|--------------------------|---------|------|----|----------------------|---------|------|
| 1 | Victor Karell | 2:43.94 | 2020 | 1 | Emma Karell | 2:52.68 | 2010 |
| 2 | Fredrik Ronnerberg | 2:48.34 | 2004 | 2 | Fanny Reuterswärd | 3:03.23 | 2004 |
| 3 | Adam Alstermark | 2:49.30 | 2013 | 3 | Malin Österman | 3:08.79 | 2011 |
| 4 | Rasmus Skyving | 2:51.11 | 2019 | 4 | Jennifer Nygren-Ring | 3:09.06 | 2008 |
| 5 | Christian Hansson-Bergén | 2:52.66 | 2004 | 5 | Tyra Hällinder | 3:09.70 | 2022 |
| 6 | Martin Magnusson | 2:56.46 | 2014 | 6 | Elin Isaksson | 3:10.82 | 2005 |
| 7 | Gustav Andersson | 2:52.28 | 2018 | 7 | Micaela Nygren-Ring | 3:14.51 | 2007 |
| 8 | Jonas Lundgren | 3:19.64 | 2006 | 8 | Ebba Eriksson | 3:15.75 | 2022 |
| 9 | Loke Beronius | 3:21.53 | 2022 | 9 | Bonnie Ingemarsson | 3:18.10 | 2017 |
| 10 | Rasmus Holmsten | 3:35.53 | 2010 | 10 | Emma Persson | 3:19.22 | 2010 |
| 11 | Andreas Schedin | 3:35.70 | 2012 | 11 | Olivia Hahne | 3:22.33 | 2007 |
| 12 | Kevin Fahlström | 3:45.96 | 2012 | 12 | Vira Sarlin | 3:23.10 | 2022 |

50m Ryggsim

| | | | | | | | |
|----|--------------------|---------|------|----|-------------------|---------|------|
| 1 | Jonas Eklund | 0:30.48 | 2008 | 1 | Sofie Gardell | 0:32.77 | 2004 |
| 2 | Elias Folkesson | 0:31.11 | 2017 | 2 | Stina Gardell | 0:33.08 | 2004 |
| 3 | Rasmus Skyving | 0:31.19 | 2020 | 3 | Emma Karell | 0:33.63 | 2008 |
| 4 | Tobias Westholm | 0:32.31 | 2015 | 4 | Moa Zetterström | 0:34.42 | 2019 |
| 5 | Nicklas Granat | 0:32.36 | 2005 | 5 | Tina Lindberg | 0:34.82 | 2006 |
| 6 | Martin Magnusson | 0:32.54 | 2014 | 6 | Linnea Sjöström | 0:35.01 | 2019 |
| 7 | Noah Almén | 0:34.58 | 2022 | 7 | Monica Alfredsson | 0:36.51 | 2005 |
| 8 | Henrik Persson | 0:34.73 | 2009 | 8 | Olivia Hahne | 0:36.75 | 2007 |
| 9 | Andreas Ericsson | 0:35.41 | 2002 | 9 | Emelie Rudert | 0:37.04 | 2014 |
| 10 | Oscar Elfving | 0:35.62 | 2008 | 10 | Lova Åhlén | 0:37.14 | 2022 |
| 11 | Mattias Pers | 0:35.82 | 2006 | 11 | Jennie Palmcrantz | 0:37.20 | 2002 |
| 12 | Fredrik Ronnerberg | 0:36.40 | 2004 | 12 | Edna Obradovac | 0:37.33 | 2022 |

100m Ryggsim

| | | | | | | | |
|----|------------------|---------|------|----|--------------------|---------|------|
| 1 | Rasmus Skyving | 1:04.21 | 2019 | 1 | Sofie Gardell | 1:09.95 | 2004 |
| 2 | Jonas Eklund | 1:06.00 | 2007 | 2 | Emma Karell | 1:11.67 | 2008 |
| 3 | Elias Folkesson | 1:09.52 | 2016 | 3 | Stina Gardell | 1:12.24 | 2004 |
| 4 | Martin Magnusson | 1:10.18 | 2014 | 4 | Linnea Sjöström | 1:13.77 | 2019 |
| 5 | Tobias Westholm | 1:11.02 | 2014 | 5 | Tina Lindberg | 1:15.67 | 2005 |
| 6 | Emil Blomberg | 1:12.36 | 2022 | 6 | Monica Alfredsson | 1:16.60 | 2005 |
| 7 | Adam Alstermark | 1:13.26 | 2012 | 7 | Alva Westling | 1:17.43 | 2016 |
| 8 | Andreas Ericsson | 1:13.41 | 2003 | 8 | Olivia Hahne | 1:17.72 | 2007 |
| 9 | Nicklas Granat | 1:13.51 | 2004 | 9 | Emelie Rudert | 1:17.79 | 2017 |
| 10 | Oscar Elfving | 1:13.87 | 2008 | 10 | Edna Obradovac | 1:18.84 | 2022 |
| 8 | Noah Almén | 1:16.14 | 2022 | 11 | Moa Zetterström | 1:19.22 | 2018 |
| 12 | Henrik Persson | 1:17.89 | 2009 | 12 | Theresia Hansson-B | 1:19.54 | 2005 |

200m Ryggsim

| | | | | | | | |
|----|-------------------|---------|------|----|--------------------|---------|------|
| 1 | Rasmus Skyving | 2:14.63 | 2020 | 1 | Sofie Gardell | 2:28.57 | 2004 |
| 2 | Jonas Eklund | 2:20.95 | 2006 | 2 | Emma Karell | 2:35.34 | 2008 |
| 3 | Elias Folkesson | 2:33.02 | 2017 | 3 | Linnea Sjöström | 2:37.69 | 2022 |
| 4 | Emil Blomberg | 2:40.76 | 2022 | 4 | Tina Lindberg | 2:40.43 | 2007 |
| 5 | Martin Magnusson | 2:41.25 | 2013 | 5 | Alva Westling | 2:51.39 | 2016 |
| 6 | Andreas Ericsson | 2:46.53 | 2002 | 6 | Edna Obradovac | 2:55.31 | 2022 |
| 7 | Adam Alstermark | 3:00.83 | 2010 | 7 | Katja Svarfvar | 2:56.15 | 2010 |
| 8 | Stefan Alfredsson | 3:21.06 | 2006 | 8 | Theresia Hansson-B | 2:56.53 | 2006 |
| 9 | | | | 9 | Monica Alfredsson | 2:57.11 | 2005 |
| 10 | | | | 10 | Miranda Jansson | 2:58.96 | 2011 |
| 11 | | | | 11 | Rebecca Rūden | 2:59.51 | 2010 |
| 12 | | | | 12 | Leah Schöneberg | 3:04.36 | 2017 |

50m Fjärilsim

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|----|------------------|---------|------|----|---------------------|---------|------|
| 1 | Adam Karlsson | 0:27.44 | 2017 | 1 | Sofie Gardell | 0:29.64 | 2005 |
| 1 | Tobias Westholm | 0:27.44 | 2017 | 2 | Moa Zetterström | 0:29.84 | 2019 |
| 3 | Gustav Andersson | 0:27.89 | 2020 | 3 | Stina Gardell | 0:30.74 | 2004 |
| 4 | Mattias Pers | 0:30.21 | 2007 | 4 | Kia Kilpinen | 0:31.04 | 2010 |
| 5 | Adam Alstermark | 0:30.24 | 2012 | 5 | Emma Karell | 0:31.14 | 2010 |
| 6 | Jonas Eklund | 0:30.37 | 2007 | 6 | Linnea Sjöström | 0:31.81 | 2019 |
| 7 | Elias Folkesson | 0:30.38 | 2017 | 7 | Johanna Zetterström | 0:32.61 | 2004 |
| 8 | Rasmus Skyving | 0:30.68 | 2019 | 8 | Fanny Reuterswärd | 0:32.71 | 2003 |
| 9 | Emil Blomberg | 0:30.78 | 2022 | 9 | Monica Alfredsson | 0:33.18 | 2004 |
| 10 | Victor Karell | 0:30.81 | 2018 | 10 | Rebecca Rüdén | 0:33.66 | 2012 |
| 11 | Nicklas Granat | 0:30.86 | 2006 | 11 | Johanna Eklund | 0:33.88 | 2001 |
| 12 | Noah Almén | 0:30.90 | 2022 | 12 | Gabriella Elvin | 0:33.92 | 2008 |

100m Fjärilsim

| | | | | | | | |
|----|------------------|---------|------|----|---------------------|---------|------|
| 1 | Adam Karlsson | 1:02.78 | 2017 | 1 | Kia Kilpinen | 1:06.40 | 1999 |
| 2 | Gustav Andersson | 1:03.21 | 2022 | 2 | Sofie Gardell | 1:06.85 | 2005 |
| 3 | Tobias Westholm | 1:03.93 | 2013 | 3 | Emma Karell | 1:07.21 | 2010 |
| 4 | Rasmus Skyving | 1:05.85 | 2020 | 4 | Moa Zetterström | 1:08.54 | 2020 |
| 5 | Adam Alstermark | 1:08.91 | 2012 | 5 | Stina Gardell | 1:09.24 | 2004 |
| 6 | Emil Blomberg | 1:09.15 | 2022 | 6 | Johanna Zetterström | 1:11.87 | 2004 |
| 7 | Victor Karell | 1:10.47 | 2020 | 7 | Linnea Sjöström | 1:14.70 | 2022 |
| 8 | Andreas Ericsson | 1:13.72 | 2001 | 8 | Monica Alfredsson | 1:17.12 | 2005 |
| 9 | Noah Almén | 1:14.27 | 2022 | 9 | Johanna Eklund | 1:17.77 | 2001 |
| 10 | Martin Magnusson | 1:14.42 | 2011 | 10 | Fanny Reuterswärd | 1:17.96 | 2002 |
| 11 | Robert Linder | 1:14.46 | 2002 | 11 | Emma Persson | 1:18.61 | 2010 |
| 12 | Oscar Broström | 1:20.22 | 2018 | 12 | Emelie Rudert | 1:19.07 | 2013 |

200m Fjärilsim

| | | | | | | | |
|----|------------------|---------|------|----|---------------------|---------|------|
| 1 | Adam Karlsson | 2:26.20 | 2017 | 1 | Emma Karell | 2:29.36 | 2010 |
| 2 | Rasmus Skyving | 2:27.62 | 2020 | 2 | Moa Zetterström | 2:37.98 | 2020 |
| 3 | Jonas Eklund | 2:34.48 | 2008 | 3 | Johanna Eklund | 2:52.81 | 2001 |
| 4 | Tobias Westholm | 2:37.21 | 2013 | 4 | Johanna Zetterström | 2:54.37 | 2004 |
| 5 | Martin Magnusson | 2:48.95 | 2013 | 5 | Fanny Alstermark | 3:05.33 | 2012 |
| 6 | | | | 6 | Saga Christiernin | 3:14.68 | 2010 |
| 7 | | | | 7 | Emma Persson | 3:19.61 | 2010 |
| 8 | | | | 8 | | | |
| 9 | | | | 9 | | | |
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| 11 | | | | 11 | | | |
| 12 | | | | 12 | | | |

200m Medley

| | | | | | | | |
|----|--------------------|---------|------|----|--------------------|---------|------|
| 1 | Rasmus Skyving | 2:21.01 | 2020 | 1 | Stina Gardell | 2:24.12 | 2004 |
| 2 | Martin Magnusson | 2:21.85 | 2015 | 2 | Emma Karell | 2:30.45 | 2010 |
| 3 | Jonas Eklund | 2:24.25 | 2008 | 3 | Sofie Gardell | 2:33.38 | 2004 |
| 4 | Adam Karlsson | 2:24.33 | 2017 | 4 | Moa Zetterström | 2:43.48 | 2020 |
| 5 | Adam Alstermark | 2:27.82 | 2012 | 5 | Linnea Sjöström | 2:44.45 | 2022 |
| 6 | Gustav Andersson | 2:28.17 | 2019 | 6 | Johanna Johansson | 2:45.88 | 2013 |
| 7 | Victor Karell | 2:32.22 | 2020 | 7 | Monica Alfredsson | 2:46.37 | 2004 |
| 8 | Fredrik Ronnerberg | 2:34.02 | 2004 | 8 | Rebecca Rūden | 2:50.25 | 2013 |
| 9 | Emil Blomberg | 2:35.67 | 2022 | 9 | Tyra Hållinder | 2:51.37 | 2022 |
| 10 | Oscar Elfving | 2:37.86 | 2008 | 10 | Tina Lindberg | 2:51.90 | 2005 |
| 11 | Tobias Westholm | 2:42.03 | 2011 | 11 | Fanny Alstermark | 2:52.11 | 2012 |
| 12 | Andreas Ericsson | 2:42.94 | 2002 | 12 | Theresia Hansson-B | 2:52.88 | 2005 |

400m Medley

| | | | | | | | |
|----|------------------|---------|------|----|-------------------|---------|------|
| 1 | Rasmus Skyving | 5:02.86 | 2020 | 1 | Stina Gardell | 5:14.39 | 2004 |
| 2 | Martin Magnusson | 5:13.67 | 2016 | 2 | Emma Karell | 5:17.12 | 2009 |
| 3 | Jonas Eklund | 5:15.41 | 2006 | 3 | Moa Zetterström | 5:45.35 | 2020 |
| 4 | Emil Blomberg | 5:44.86 | 2022 | 4 | Johanna Johansson | 5:56.59 | 2004 |
| 5 | Victor Karell | 5:37.33 | 2020 | 5 | Fanny Alstermark | 6:06.10 | 2013 |
| 6 | Tobias Westholm | 6:04.35 | 2010 | 6 | Linnea Sjöström | 6:07.77 | 2019 |
| 7 | | | | 7 | Jeanette Holmberg | 6:14.67 | 2002 |
| 8 | | | | 8 | Emma Persson | 6:24.02 | 2010 |
| 9 | | | | 9 | Linnéa Gerdtmark | 6:39.82 | 2022 |
| 10 | | | | 10 | | | |
| 11 | | | | 11 | | | |
| 12 | | | | 12 | | | |